

Entering The Empress Portal

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For permissions or inquiries, contact: Amanda Kunkel at AmandaKunkel.com

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Forward

This alchemical text began working its magic on you the moment you chose to open it and hold these pages in your hands.

Whether you highlight every sentence or dog-ear each corner, I encourage you to love this book well—until the front cover creases from being tucked into your purse, until wine spots and grass stains mark the pages with memories and lived experience.

LOVE is the outcome. It already is you.

You are God in human form.

No need to skip ahead. The ultimate message is here, now.

This isn't a fluffy, feel-good notion. It's about welcoming the full spectrum of your emotions—anger, hate, joy, longing. They are your guideposts, each one leading you closer to your deepest desires.

At first, moving toward your desires may feel like pressing fast-forward on an old VHS tape: slow, uneven progress that eventually quickens. Then, as your awareness expands, it's as if you're holding a DVD remote. You press "skip," and suddenly you're further along—your internal landscape rearranged, time collapsed, the path cleared.

You'll find yourself both on the journey and beyond it, in a place where time and space fold into the unique soul imprint you chose before you were born.

As a woman, your very being resonates with creation and fertility. It's woven into your DNA, making you the master alchemist. Here, there is no striving, no forcing. Only surrender and the beautiful, intimate penetration of new possibilities emerging through you.

In this state, you don't have to wrestle with "manifesting from the 5D into the 3D," because **you are the portal**. You birth your desires into tangible form simply by allowing yourself to experience them through your heart and body.

Welcome to your dreams, my love. I'm honored to be your companion on this journey.

Please note the meditation links may include the verbiage of "God, Universe, Goddess, etc." Center in on what wording feels right for YOUR connection to the source of all love.

Introduction

The light glowed like a tiny Tinkerbell—warm, curious, and comforting—as I hosted tea parties in my childhood bedroom. I sat at a real wooden table and chairs, perfectly scaled for a child, nestled atop the purple shag carpet that had been installed back when this room belonged to my older sister.

From the vent near the baseboard, that small, radiant light would hover like a protective mother, gently cradling me in its glow. It let me explore, laugh, and giggle freely, as though I were serving tea to a beloved guest who longed, more than anything, to have a little girl to love.

Only when I returned to my childhood home at forty did I fully grasp the extent of this light's guardianship. For seventeen years it had quietly bent time and matter to shield me from harm.

My great-aunt Libby was my first true encounter with a ghost, though I hadn't known it then. She was embedded in that house, appearing to me both as a maternal figure in my mind's eye and as a gentle white spark of light in my physical world. She prepared me for the turmoil to come and the more harrowing encounters with what lay beyond the veil. Her love led me back, full circle, to the overwhelming love of the Universe itself.

She has always been with me, guiding me.

It was through her love that I learned to traverse the galaxies of possibility and return with the Universe's secrets, ready to share them with anyone willing to listen.

My only physical inheritance from her is a length of leather and brass sleigh bells. She bequeathed them to me a full decade before I was even born—because somehow, she knew.

Chapter 1

Tell me your big dream—the deep, driving WHY that led you to open this book.

Go ahead. Write it down.

Nope, don't turn the page yet. Even if it's just a single word—"More Money," "My Soul Mate," "Healthy Fit Body"—put it on paper.

Pause for a moment, love. Telling yourself, "I already know this," is the quickest way to kill your progress.

Maybe you've done this exercise a thousand times, or maybe it's your first attempt. If you truly want results, start right here. Stay with me.

Your big dream, your big reason, might sound like: "I'm great at manifesting. I've watched *The Secret*, followed the gurus, taken courses, and I feel pretty good." Great.

But why are you here now?

What's that subtle itch, that inner wiggle, that nudged you to buy this book?

Ah, you're ready for MORE.

So dig deeper.

Most women who come to me fall into one of two categories:

1. They're frustrated because they're pushing for those multiple six-figure years—trying all the things, working with the big-name coaches—yet nothing's moving the needle.
2. They're already in harmony with the Universe. They sense the call to earn more money with less effort, to share their own unique energetic healing or transformational work. They're done collecting certificates. They're ready for their own way.

Even if you're not a purpose-driven businesswoman, you'll still find value here.

I'm about to share my signature method, coded into these pages, so you'll experience movement toward your biggest desire—both inside and out.

Now, circle back to what you wrote down as your big dream and why.

Well done.

Next, ask yourself: what's hiding beneath that? You wrote down what you think you can have.

Forget what you think you can have.

What do you truly desire?

It's okay if your mind screams, "You can't want that!" Write it anyway. Name it. Own it.

Boat or yacht? Doesn't matter if you think you can afford it.

Leasing a single horse or owning a ten-stall barn?

Buying that fancy beachfront home just because everyone else is—or heading off-grid into a cozy cabin in the woods? (And yes, your cabin can have plumbing. Adjust as needed.)

What brings you the most bliss?

Go deeper.

What's UNDER that desire?

The Universe and I want the real, raw YOU here, now, always.

We're with you.

We won't drop you. I promise.

So don't drop yourself.

Focus: Identifying and clarifying your deepest wants.

- 1. What is the one big desire that brought you to this book? Describe it in detail—what does it look, feel, sound, and taste like?**
- 2. Why is this desire important to you? What deeper need or longing does it fulfill?**
- 3. What fears or doubts come up when you think about fully receiving this desire?**
- 4. In what small way can you affirm today that this desire is valid and possible?**

Chapter 2

You are The Universe in human form.

It isn't outside of you, and you aren't outside of it.

This means you are never alone, no matter how dark it feels or how fiercely the winter wind rattles your door.

Imagine putting on a pair of special glasses that let you see energy in its purest essence and form.

Close your eyes. Take a few deep breaths and simply ask to be shown what energy looks like.

If nothing comes immediately, that's okay. Developing the "seeing eye" is something everyone can do—but that's a whole other book.

For now, I've been guided (by the Universe) to teach you about energy as if it's made up of tiny, colorful bubbles. Think of an arcade bubble-popping game, or a giant bin of plastic balls that kids love diving into.

Though these bubbles might make energy seem separated into distinct pieces, it's just a starting point.

Your brain needs something tangible before it can accept new information.

The biggest "YAWN" you'll get from your mind is when it tries to reject something foreign. Bubbles are easier for it to handle.

Each bubble represents a different energy or frequency. They're separate and yet never truly separate—just like radio stations. You tune into the frequency you want to experience.

Visualize these bubbles in various colors: yellow, green, purple, blue, pink—anything at all.

Close your eyes and ask: what does each color represent?

Maybe yellow is abundance, green is money, pink is love, blue is public speaking... and so on.

There are infinite colors and associations. What matters is what you see.

This book is about YOU and YOUR connection to the Universe. I'm just the liaison until you strengthen that connection for yourself. I'm the confidant you can trust along the way.

These bubble-colors can represent both tangible (physical money) and intangible (the concept of money) things.

Everything comes back to you, love.

Make sure you write down what you notice—and date your notes. As you grow and shift, your experience of energy will evolve too. There's a legacy waiting for you, just beyond the curtain. By documenting your discoveries, you pay homage to this aspect of yourself. Treat her with respect.

Inside and outside of you, The Universe moves its consciousness through vibration and frequency—these bubbles.

There's no place around you not filled with vibration and frequency. It simply IS.

Close your eyes and imagine the room around you packed with bubbles of different colors. See them inside you, around your desk, in the air. Beautiful.

Now imagine your yard the same way—your neighbor's yard, the next town, and beyond. Just like the intricate network of tree roots communicating underground, the world's bubbles are all connected.

Your desire—any desire—and the intensity with which you experience it is already linked to these bubbles. Want more money? Your money bubble is connected to countless other money bubbles. *You can call them to you.*

The same goes for love, health, anything at all. Concepts are frequencies you can invite more deeply into your body, even influencing DNA and the aging process. *(For more on that, check out Bruce H. Lipton, Ph.D., cellular biologist.)*

You can literally change anything you desire, at any point, and change it again. the Universe is inside you, and you are the Universe in motion.

There's a vast rabbit hole of information on this topic. For now, we'll stay within these Universe teachings for your life and business. But feel free to dive deeper anytime. Every chapter here can send you further exploration.

Let your senses guide you. Trust your YES and trust your NO.

No one is your guru.

We don't put anyone on a pedestal.

We simply share knowledge and love.

Focus: Understanding your relationship to the cosmic field.

- 1. How do you currently perceive the Universe? As supportive, neutral, distant?**
- 2. Can you recall a time when you felt guided, protected, or assisted by forces beyond your understanding?**
- 3. Write down three ways you can open yourself more fully to the Universe's guidance.**
- 4. If you trusted the Universe completely, what would change about the way you pursue your desires?**

Chapter 3

You and The Universe plotted all of this before you were born.

Together, you reviewed your past lifetimes, missions, and the greater purpose that your soul has been longing to fulfill. Then, together, you mapped out your big desires and key milestones for this life—the very steps through which you would grow.

The Universe comes equipped with the most sophisticated GPS, always recalculating to guide you back on track. It's up to you to listen and follow the nudges that lead you toward your desires.

But the route you choose? That's entirely up to you.

For some of us, that route has looked like a total shit show—scrambling up the side of a mountain, repeating the same patterns until we crash, break down, and finally draw a line in the sand: ENOUGH!

The big points and the tiniest steps on your “Universe Map,” as I call it, are available to you right now.

About 90% of the population stops before they ever see their map. They dismiss their deepest wishes and desires as pie-in-the-sky fantasies.

I promise you, whatever you desire at this moment is available to you at this moment.

There is a Universe Map for it. The WAY is here. The frequency of BEING is here for you, too. It's all already planned out. You can't fake out or surprise The Universe.

Remember those bubbles from the last chapter?

Let's dive deeper now and connect them back to your Universe Map.

Whenever you have a desire (like the big WHY you wrote down at the start of this book), The Universe already has it ready for you. Your part is to open up, to allow it to arrive in your physical reality.

That doesn't mean sitting around twiddling your thumbs—unless that's part of your Universe Map! We'll be shifting you further into this concept soon.

The Universe Map shows you where the bubbles (frequencies) connect to your desire. It's like discovering the “how,” but more elegant than learning how to use a coffee maker. These are practical, aligned action steps and states of being that guide you to

receive your desire in tangible form—where you can touch it, taste it, and fully experience it on Earth.

Tap into your Universe Map.. Grab a sheet of paper and be sure to write down two things:

1. Aligned Action Steps
2. State of Being

Next: Listen to the following Trusting The Universe Meditation

<https://youtu.be/9oCDeTayeAs>

Then ask the Universe within: What are my next aligned action steps toward my desire? What is my state of being?

Remember, the GPS always gently recalculates.

Sound straightforward and easy?

Your own path might be just beginning, and all of this could feel overwhelming. Or maybe you already want to skip ahead to the last three chapters.

But let's take it one chapter at a time. One day at a time.

You won't be blindly following some elusive Universe Map, hoping the GPS hasn't drifted off course. Not at all.

You are The Universe in human form.

This Universe Map is simply another guide, another tool.

Because you exist at the point of creation, not at the mercy of something predetermined.

You can create, uncreate, and create something entirely new anytime you wish.

Focus: Tapping into the pre-birth blueprint and divine guidance.

- 1. Imagine a cosmic blueprint laid out for your life—what desires, lessons, or patterns do you sense are woven into it?**
- 2. Reflect on three major turning points in your life. How might they fit into your Universe Map?**
- 3. Write a question for your Universe Map: “What’s my next step?” Notice any intuitive answers or images.**
- 4. How can you strengthen your ability to “read” this map—through meditation, quiet time, or other practices?**

Chapter 4

“I see dead people”... I nearly spit out my drink when I first watched that scene in *The Sixth Sense*. Ever since, I’ve used it as a joke.

But for me, seeing dead people wasn’t just a movie moment—it was my reality as a child. I was face-to-face with a whole host of spirits from a young age.

A medium is the term for a psychic who can see those who’ve passed on and sense “the other side.” All mediums are psychic, but not all psychics are mediums. Not everyone can tune into that particular frequency of energy. Not everyone can see auras, either.

The dead people I interacted with included my adorable, loving aunt, as well as a portal of lost, lonely, and angry spirits somehow opened by my parents in our home.

Doors opened and closed by themselves. Heavy work boots stomped across the wooden floor at night. My blankets never seemed warm enough against the chilling presence lurking in the darkness.

I constantly felt eyes on me, and not in a kind, comforting way. Objects flew off shelves right in front of me. Deadbolts unlocked themselves, and doors would swing wide open.

This was a normal—yet terrifying—part of my childhood.

So what’s with all the dead people?

When someone passes away, their spirit (that unique combination of bubbles and frequencies) returns to the great collective consciousness (the vast “bubble field,” if you will).

There are many phases of passing on and the soul’s development. Those bedtime stories about ghosts visiting loved ones are real. Those campfire tales of angry spirits stirring up trouble? Also real.

Demons, banshees, shadow people, possession... it’s all energy, folks. Everything is energy. It all depends on what you tune into, on your default “coding.”

If you believe the world is full of wonderful people, you’ll experience loving, happy spirits and sprites. If you believe everyone’s out to get you, and that life is unfair, guess what? You’ll encounter trickster energies and mischievous entities that match that outlook.

Everything comes down to frequency and the energy you choose to engage with. You create how it shows up in your day-to-day life.

As a child, alongside the more frightening encounters, I also played with gnomes in the trees beside my house, met fairies in the moss beneath the branches, and adored angels—oh, how I loved angels and their feathers, their bright white light.

But the adults' default energy in our household invited the darker portal.

As we move toward exploring your own psychic gifts in the next chapter, it's important to understand the energy of "dead people" first.

It was through these ghosts that I found my way back to Angels, to God, to my own power and unique "special sauce" for helping others.

Many people begin their psychic journey by watching ghost shows, reading ghost stories, or learning about paranormal activity. Wherever you started, you're here now—allowing the coding of this text to transform your perspective.

Whether being a medium is part of your path or not, as we dive deeper into consciousness and the gifts that help you transform your life, it's best to have some grounded knowledge.

Always come from your heart and love. That's all you will receive in return.

Focus: Understanding energies beyond the veil and what they teach us.

- 1. What beliefs do you hold about the afterlife or spirit realm?**
- 2. Recall a time you sensed a presence, or felt guided by someone no longer in the physical world. How did that feel?**
- 3. Are there any ancestral or past relationships you'd like to heal or understand better? Write a letter to them.**
- 4. How can acknowledging unseen helpers (ancestors, guides) give you confidence in your current path?**

Chapter 5

“You know you’re psychic, right?” she said to me.

I was in my early twenties, sitting next to a Hollywood psychic who was gazing lovingly into my very being.

I’m asking you the same question now: You know you’re psychic, right?

Being psychic isn’t something you do; it’s something you are. *It exists throughout your whole being.*

It’s how you recognize your big desires. How you access your Universe Map. It’s how you know which steps to take, who to talk to, and when to pause.

You’ve already experienced this. You know when someone isn’t a good person. You know when you’re being lied to. You’ve walked into a room and felt the lingering tension from an argument that just took place.

It’s as simple as you, a bundle of frequencies, interacting with all those other frequencies out there.

It can also be as mystical as a High Priestess communing with the Gods. Or as every day as a soccer mom who just knows when something’s off. It’s more natural than breathing.

You are The Universe in human form. Of course, you can communicate with all of it in ways considered “beyond normal.”

Tapping into this natural ability, your intuition requires practice for most people. Just like anything else requires practice.

Take a moment now. Close your eyes and breathe deeply. Place a hand on your heart and ask The Universe, “How are you?”

Let whatever arises—emotion, sensation, smell, an image—come through. And if nothing comes yet, that’s perfectly fine.

Let’s awaken your deeper psychic skills.

This is important because we’ll use your psychic senses to view your Universe Map and begin taking those aligned steps toward your BIG desire.

Stop fixating on the “how.”

Allow the trust in yourself and your instincts to take over.

This deeper trust lets you move along your path of least resistance, freeing your mind and emotions.

When you make decisions and take action instantly, driven by trust, there's no room for endless second-guessing. No wasted energy. You'll know that you know that you know, confident and sure of your path forward.

This saves time, energy, and creates ease—ease in your movement, ease in your nervous system.

This, my love, is the biggest stepping stone to creating the life of your dreams.

It all comes back to your psychic skills—your connection with The Universe.

I've known this since childhood. My older brother, who had a severe disability and functioned at around a one-year-old level with an autism diagnosis, needed in-home caregivers. My family noticed that I could instantly tell who would be a good fit and who wouldn't. They brought me to interviews to save time. I was only ten. Nobody understood how I knew—just that I happened to be good at it.

You know. You always know.

Many times we shut down our own intuitive hits. Nudges. Ideas. We've been programmed since we were kids to do so. Or called crazy, and delusional, and to keep them to ourselves.

These practices will help you open back up to accessing your intuition. To follow them without resistance.

Now that your energetic pathways have shifted and your mind's resistance has softened, let's go deeper into your Universe Map.

[Go Deeper Psychic Meditation:](https://youtu.be/DZjbxpz5fx8?si=soL2P1X4Y4opoNjX)

<https://youtu.be/DZjbxpz5fx8?si=soL2P1X4Y4opoNjX>

Focus: Embracing your intuitive and psychic senses.

- 1. List three intuitive hits you've received in the past. How accurate were they?**
- 2. What blocks or beliefs keep you from embracing your psychic abilities?**
- 3. If you allowed yourself to trust your intuition more fully, what decisions or changes would you make today?**
- 4. Experiment: Close your eyes and ask, "What does my intuition want me to know right now?" Free-write the response.**

Chapter 6

Letting Go of Control

Having a direct line to The Universe through your psychic senses is incredible. It feels like having a personal guide at all times, allowing your body to calibrate more quickly and intensely to your true frequency.

But a few things can pop up along the way and stunt your forward movement—namely, your need for control.

Control of your:

- Mind
- Circumstances
- Reactions to past events resurfacing
- Permission to have your desires
- Fear that not controlling will hurt others
- Fear of being “bad” with money
- People-pleasing (which, let’s face it, is a form of manipulation)

All these stem from past trauma and fear of your own power.

Most women business owners I know have Type A personalities and lean heavily into masculine energy. They do, do, do their way to success, often burning themselves out in the process, because they’re running a business for the outcome, not because it feels pleasurable in their system.

A part of them is screaming for more free time, yet the moment they have a spare second, they feel lazy. Their feminine side—who thrives in pleasure—is quietly whispering her needs.

Does this sound like you?

Do you yearn for more time with your family, for lying in the sun and feeling truly refreshed?

On top of that, do you feel jealous of other women business owners who “just seem lucky”? The ones who don’t “do all the things,” who maybe have external financial support and can simply lean back and have fun in their business?

That used to be me, too. I get it. I hustled through life until my body finally collapsed with an autoimmune disease. For five years, I could barely get out of bed. Suddenly, my world forced me to STOP.

I couldn't control a damn thing—except how I reacted and how I perceived what was happening.

I don't wish that on anyone.

When The Universe sends you nudges and signs to make a change and you ignore them, get ready for the train to slam into you. Not as punishment, but because you're out of alignment. Your soul is begging you to release the iron grip you have on your life and business.

In these moments, you are inviting yourself deeper into the coding of your Universe Map. Remember, you created this map before you were born, and yet by refusing to let go, you're essentially ignoring your own highest guidance.

There is always more control to surrender.

Lean in: try the "God State" Mediation

<https://youtu.be/d4iw2i9rVfs>

Take a pause. Put this chapter down and come back in three days. Then read it again.

What feels different this time? What is coming up for you now?

Next, we'll explore where you need to release control to move closer to the points on your Universe Map.

Focus: Surrendering the need to micromanage outcomes.

- 1. Where in your life are you currently gripping too tightly for control?**
- 2. How does the need for control show up in your body? Tension in your shoulders, racing thoughts?**
- 3. Imagine releasing that control—what might open up for you if you trusted more?**
- 4. Identify one area today where you'll consciously practice letting go, even if just for a few minutes.**

Chapter 7

Allowing and Receiving

Strong, bold, powerful women often accidentally block themselves from receiving because they operate in “cock energy”—that masculine drive that made them business mavericks. It works until it doesn’t—until they’re overbooked, out of time, and burned out (often physically ill).

We all carry masculine and feminine energies, constantly flowing back and forth like Yin and Yang. The Universe set it up this way. It just is. Think of positive and negative charges in physics: both sides have valuable traits, and both can run amok if left unchecked.

Consider the woman (XX chromosomes, or identifying as such) who stands in her masculine energy of doing and pushing all day, unable to relax enough to receive. Her mind is always on, in control mode, which is the opposite of her natural feminine essence—receiving and creating.

To receive and create, she must allow The Universe to penetrate her being. This phrase highlights the deep psychic and soul connection between a woman and The Universe. It expands her capacity for more money, more clients, and more abundance.

Often we can resist the Universe to and through our being. Mostly because it doesn’t feel safe. Too often circumstances in our lives and specifically childhood lean to this fear. With gentle practice, this can be reversed.

If a woman struggles to let The Universe guide her, she’s likely clinging too tightly to control. When you let go of control—allowing events to unfold while keeping your desire in mind and feeling The Universe at your back—that’s when galaxies move.

For simplicity’s sake, we’re breaking this down into manageable chunks. It might feel like The Universe is asking you to juggle eight plates at once, but it’s not.

It’s really asking you to trust, be confident, follow your desire, and lean on it for guidance. Over time, with practice, trial and error (hello, subconscious mind), and a hearty dose of “You’ve got this! Keep going!” you’ll find your stride.

Your “allowing and receiving” frequency is deep surrender to The Universe—trust. Here, you’ll stop hustling and striving. Opportunities and resources will simply drop into your lap when you take aligned action.

If you're new to this concept, I invite you to track money and all forms of abundance for the next six months. Record all income, plus every gift, freebie, or discount. Assign a dollar value to that free coffee (\$3) or that last-minute upgrade. Add them up monthly.

You'll see how tracking expands your receiving. Like a plant stretching toward the sun, your capacity to receive grows as you consciously open to more.

It's normal for me to receive over \$100k worth of gifts, freebies, unexpected cash, and opportunities in most years. How does that sound? *And simultaneously, sales in your business increase without more hours or additional team members.*

Allowing and receiving is the doorway that grants you access to work with Universal Laws and codes—literally making “magic” appear real.

This is where desires land softly into your life and spark new ones to be born.

The question is, are you ready for this transformation? It will press every button your subconscious has. Every scrap of resistance and every lingering old story will rise up, screaming in your face.

Only the bold go here—both feet forward, yelling, “Fuck Yeah!”

If you've made it this far and haven't tossed the book into a fire, then...

Open Says Me.

[Go Deeper: https://youtu.be/zf6ab-1zCjs](https://youtu.be/zf6ab-1zCjs)

Focus: Shifting from doing to receiving, balancing masculine and feminine energies.

1. How comfortable are you with simply receiving help, compliments, or opportunities?
2. What messages did you receive growing up about the value of hard work versus ease and allowing?
3. If receiving felt natural, what would flow into your life more effortlessly?
4. Set an intention: "Today, I allow myself to receive (name something specific)."
Write about what happens.

Chapter 8:

The Laws of The Universe

Just as math follows certain principles, The Universe operates according to energetic laws. But don't think of them as rigid rules waiting to catch you off guard. Instead, they're like natural currents in a river, guiding you forward. The more you understand them, the more gracefully you can navigate.

These laws describe how the quantum field “gives back” in response to your thoughts, feelings, and states of being. They're not here to judge you, only to respond to the frequency you offer.

You've likely heard of the Law of Attraction: it suggests that like attracts like. Your dominant thoughts and emotions act like a magnet, drawing in experiences that match their frequency. If you're constantly focused on lack, you see more lack. If you're aligned with abundance, abundance flows in more readily.

Then there's the Law of Cause and Effect, similar to karma—what you put out returns to you. The Law of Polarity reminds us that everything has an opposite: if you're experiencing scarcity, immense wealth is equally available. It's all about shifting your perspective and frequency to recognize and receive it.

The Law of Assumption

One of my personal favorites is the Law of Assumption, popularized by spiritual teacher Neville Goddard. This law suggests that when you assume and embody the feeling of your wish fulfilled—living mentally and energetically as though your desire is already here—you invite it into your physical reality more quickly.

Why does this work so well? Because The Universe responds to your current energetic state, not the timeline your mind imagines. When you tune yourself to the frequency of “already having it,” you collapse the waiting period. You're no longer broadcasting “I'm lacking this” or “I'm trying to get there.” Instead, you're signaling “I am here now, living this reality.”

This is not about pretending or lying to yourself—it's about recognizing that all realities exist as energetic possibilities right now. By stepping into the frequency of the reality you want, you give The Universe a clear, consistent signal. It can then align the people, opportunities, and resources that manifest your desire with greater speed and ease.

Try This

Recall the desire you wrote down when you started this book. Close your eyes and fully imagine it as present and tangible. With the deepest certainty. Just as you know the

sun will rise in the morning. Feel the textures, smell the scents, taste the flavors, hear the sounds associated with having it right now. Who are you when you already live this reality? How do you move through the world, speak, think, and act?

Notice how this exercise changes your emotional state. You're not waiting or hoping—you're being. In this moment, you've tuned yourself to the exact frequency of your desire. By consistently returning to this feeling-state—this energetic truth—you're training yourself to exist in the same vibration as your fulfilled wish.

Over time, as you practice this daily, you'll find unexpected synchronicities, nudges from The Universe, and even quantum leaps. You're living in the "end state," and as a result, The Universe reorganizes itself around you. The gap between wanting and having narrows, sometimes dramatically.

The Law of Assumption, in particular, puts YOU at the center. It's not about manipulating the outer world; it's about shifting your inner state so thoroughly that the world reflects it back. This is why embodying your desire's frequency right now speeds everything up. You skip the long processes of "trying" and move directly into "being," allowing the quantum field to respond swiftly.

A Simple Practice

Try a 30-day experiment: Spend a few minutes each morning fully immersing yourself in the feeling of your desire already fulfilled. Hold that state and carry its energy into your day. Notice how your actions become more inspired, how you're drawn toward certain opportunities, and how you handle challenges with more grace. Over these weeks, you'll likely see evidence of your internal shift showing up in your external reality.

This process can feel like stepping into a new vehicle—trading in a clunky old car for a sleek sports car that responds effortlessly to your touch. At first, it might feel unfamiliar, but soon you'll realize you're moving faster, with more ease, toward everything you've ever wanted.

If you feel any resistance or doubt, that's natural. We'll explore the nature of reality and why this all works in upcoming chapters. For now, trust that all the power you need is within you. By living in the frequency of your desire now, you become an energetic match to it—and The Universe can't help but deliver.

Focus: Aligning your frequency with your desires now.

1. Which universal law resonates most with you and why?
2. Consider the Law of Assumption: What does “living as if” you already have your desire look like for you?
3. Write a scene describing your life 30 days from now if you fully embody your desired frequency.
4. Note any resistance that arises as you imagine living in your end-state. How might you gently shift that?

Go Deeper

If these laws fascinate you, consider reading *Working With The Law* by Raymond Holliwell and exploring Neville Goddard’s lectures. Do some research online. Write down the laws that resonate most with you and reflect on why they feel true. As you gather these perspectives, remember that understanding them intellectually is only half the journey. Embodying them—feeling their truth in your bones—is what truly accelerates your growth.

Chapter 9:

Surfing Through Your Preferred Reality: You Are The Portal

Your Universe isn't something or someone outside of you. It is in you, surging through you all the time.

You are just as powerful as The Universe

That is, if you can get out of your own way. This means letting go of the basic thought patterns you grew up with—like:

“I'll believe it when I see it.”

“I have to work hard for it.”

“Manifesting this will take FOREVER.”

“I need deep healing before I can bring in money (or love, or success).”

In truth, because you want something, the way to it is here, too.

AND YOU DO NOT NEED TO WASTE TIME IN THE 3D.

When you remember that you create your own reality, there's no need for a long, drawn-out process. You're not bound by the idea that what you're seeing in 3D now is the result of what you did 3–6 months ago in 5D.

When you're crystal clear on what you prefer (what you want or desire), it's simply here. Adjust your eyesight—your inner vision—to see it. Adjust your frequency to experience it.

We've been tuning your frequency with each meditation and focus session in this book.

It's as simple as tuning your favorite radio station. After that, you need to release everything that isn't on that frequency: people, places, beliefs, habits, ideas.

If you find yourself experiencing something you don't prefer, just return to your chosen frequency over and over again. This might be through meditation, energy work, affirmations, scripting—whatever tools help you refocus.

Give ZERO attention to what you don't want. Instead, focus on what you do want, right now, as if it's already here.

This may feel tricky at first. Your mind might cling to what it believes is fixed reality—blue sky, round earth, some big old man in the sky pulling strings. So, yes, unwanted things might still appear initially.

But remember, you are the creator of your reality. Whether you imagine it as a hologram, a computer game, or the God Code... it's all in your hands.

Reprogramming your past conditioning can take 7–12 months when you're new at this, so you'll likely see some unwanted stuff at first. But it will diminish as you keep choosing your preference and focusing only on that.

Do this while offering gratitude and appreciation to The Universe/ your God for everything you prefer—however simple, like the sun rising in the morning.

Above all, you are never alone. YOU are the portal that allows your desired reality to simply be. Because you are.

Imagine standing at the threshold of energetic portals. One side is the 5D, the other side the 3D, and you stand right in the middle. You don't need to walk between them. You just think of something, and it instantly shoots from 5D into 3D for you to experience.

Keep returning to your heart center (we'll discuss this more in upcoming chapters), where your connection with The Universe resides. THAT is what opens the portal and allows you to “stand in the doorway.”

This is about FEELING and FREQUENCY.

[Preferred Timeline Meditation: https://youtu.be/r6DWb5hHdz0](https://youtu.be/r6DWb5hHdz0)

Enter that space. Ask the Universe, “What can I release that's hindering my tuning into the frequency and SEEING my preferred reality?”

Consider the examples (yours or others') where the desired reality was right there, just waiting for you to adjust your frequency and truly see it.

Focus: Standing at the threshold and choosing your experience.

1. What does it mean to you to be “the portal” between 5D potential and 3D reality?
2. Identify a current situation that isn't your preference. How can you shift your frequency to experience a preferred version of it?
3. How does it feel to know you can dial into different realities by focusing your awareness?
4. Write down one tangible step you'll take today to move closer to your preferred reality.

Chapter 10:

Surrendering and Penetration

This, my dear, is where all your resistance will surface (if it hasn't already). Your brain is programmed to keep you safe. What it knows as "safe" is everything you experienced from birth to about age seven.

That includes the coping mechanisms you developed as a child. These unconscious responses warn you: "The stove is hot. Don't touch it."

They can also view your preferred reality like that hot stove, not recognizing that what you need to release and welcome in is actually safe. In fact, your subconscious may send you running in the opposite direction before you even realize it.

This is where many people stop. They can't face their inner demons, their subconscious chatter. Or they get stuck in their heads, trying to logically figure out the "HOW" of making the shift happen.

Both responses can lead to burnout and a fried nervous system.

This is where surrender comes in.

When I got my first tattoo (the Tree of Life on my back), I was told it wouldn't be too painful. But the trunk fell right over my spine. **For three hours, I endured intense pain.** I cried, and I sweated as if I were running a marathon. *My muscles shook, and it felt like fire raced through my nerves.* I had to keep taking breaks. Finally, my body gave way—it surrendered. My entire system relaxed, and I felt a weight lift off me. The searing pain simply... stopped. A calm washed over me.

This is the kind of shift you'll make when moving into your preferred reality, even as your body and mind are screaming.

When the worst of the worst seems to appear instead of your desired outcome (see Chapter 14), it's about staying the course, not running away. It's about catching your triggers and fears, looking them in the eye, and then—

Surrendering to the Universe within.

Allowing the guidance of your Universe-self to overpower and penetrate your entire being until you give up your illusion of control.

You and the Universe created ALL of this together before you were born. THIS is part of it. *You already agreed to trust where the Universe was leading you, because it IS your preferred reality.*

No amount of thinking will get you to this point of surrender and penetration. Mindset work helps—by encouraging your brain to step aside and let you get out of your own way. But this is about vibration. It's beyond merely letting go of control. It's about immersing yourself in the deep pool of union between you and the Universe, as ONE.

You may return to this practice as often as you need, whenever you feel called, as your preferred reality evolves and new desires emerge in your heart.

Over time, surrendering and allowing the Universe's penetration into every cell of your being becomes more fluid, less overwhelming. The more you practice it, the smoother it feels.

Meditation:

Take out your journal and place your hand over your heart. Tune into your God.

Ask:

“How am I resisting you?”

“Where can I open MORE to you?”

“Why is that?”

“Show me another way.”

Write down what arises and trust the process.

[Deeper Trust to Surrender: https://youtu.be/x_veZidA-Nk](https://youtu.be/x_veZidA-Nk)

Focus: Deepening trust in divine guidance and union with God.

1. What does true surrender feel like in your body, mind, and heart?
2. Where in your life are you still resisting divine guidance?
3. Recall a challenging moment where surrender led to unexpected relief or breakthrough.
4. Visualize The Universe's wisdom flowing through you. Write about what that connection reveals.

Chapter 11: Creation

Your body as a portal isn't just an esoteric concept or a mental exercise—it's about literal creation in the physical world.

The following exercise will help your mind while allowing your body to relax into receiving, and get “on board” with receiving your desires.

Your womb—or the energetic womb space within—is a divine chalice of creation. Through this sacred vessel, your Universe-center channels energy, allowing YOU, as the portal, to manifest tangible desires into 3D reality.

Here are a few practices to help you receive your desires now. They can be paired with any stage of your journey or any other technique you're already using.

As you gain traction in being The Portal, this process will begin to unfold naturally. When you feel frustrated by seeing a reality you do not prefer, return to these practices.

Remember, you are never “going back to newbie steps.” You are always creating anew.

We'll start by emptying out the womb space, making it an “open oven” ready to receive your desires.

Use the meditation below, or simply tune into your womb space and breathe out all energy not of you and your Universe—right now.

Next, we'll use what my dear friend calls **The Yoni Wheel**. Begin by holding in your mind your preferred reality, or just a single aspect of it if you're new to this. Close your eyes and FEEL it here, now.

On your inhale, draw the frequency of this desire up through your Yoni and womb space, letting it rise through your core, your throat, and out the top of your head (or mouth).

Continue breathing in fresh, vibrant energy through your Yoni, allowing the energy exiting the top of your head (or throat) to loop back around and re-enter through your Yoni again. This creates a continuous cycle—an energetic circuit of your desired reality flowing into and through you.

See and feel your desire growing, blooming, and existing right now.

Repeat this as often as feels good. Modify it as your Universe guides you.

Note: If you are male, transgender, or no longer have your original womb, envision an energetic womb space—a region of creative potential within your body—to work with.

Meditation Prompt:

Place a hand on your heart and ask:

“Universe, where can I empty my womb space even more? What are you calling me into? How can I implement this frequency practice in my life?”

Listen, feel, or write down what arises.

[Yoni Wheel Meditation:https://youtu.be/ZXVEXS5753M?si=asAXyaS3EaXYBYSe](https://youtu.be/ZXVEXS5753M?si=asAXyaS3EaXYBYSe)

Focus: Using your body's creative energy to birth desires.

1. How do you relate to your feminine energy—sensuality, intuition, creativity?
2. Describe a scenario where you fully allowed pleasure and receiving to guide your next step.
3. Envision circulating your desire's frequency through your womb (or energetic womb space). What sensations arise?
4. What will you do to honor your body as a sacred vessel of creation today?

Chapter 12:

Default State of Being

All your automatic responses—both in your nervous system and your mind—stem from the programming you received as a child, especially before age seven.

The way you view the world, the way you react, all originated there. The experiences you've had since age eight have been filtered through that same lens.

This is your current default state of being. How is it going for you?

Shifting into receiving, abundance, expansiveness, and joy as your NEW default state of BEING is key.

Many successful business owners—those reaching multiple six figures plus—have done a mountain of inner work to ensure their default state is positive. They trust that everything works out. They center themselves. They get curious instead of going on the attack or into victim mode.

But even for them, sneaky things can appear during an “up-leveling” process. There's never a finish line when it comes to manifesting, creating the life you desire, being a portal, or shifting your default state. It evolves continuously.

Like everything else, the more you do this work, the easier it becomes. Identifying triggers, uncovering what's lurking behind closed doors, and pinpointing the core issue beneath a trigger will shift at every stage of your growth.

Please remember: there is no right or wrong here. Everything is simply feedback.

Where are you now in your journey?

What's your baseline thought, feeling, or reaction? How proactive are you?

How do you tend to and nourish this state?

Your default state of being involves a beautiful dance between the brain, heart, and body frequencies. Do they all align to support your desire?

Place a hand on your heart and ask: “Where can I refine my default state of being? Is there a space I should explore more deeply? How do you wish me to be?”

Returning to this state over and over—tuning your frequency to that sweet spot and ignoring everything that's not in alignment—is key to allowing your desires in. It's how you BE the portal from 5D to 3D.

Once you receive your guidance from Universe, revisit as needed. Each time you ask these questions and rediscover the answers, you're engaging in a powerful alchemical practice.

Focus: Shaping your baseline frequency and responses.

1. What is your default emotional state upon waking each day?
2. How does your baseline state influence your decisions and experiences?

3. If you could upgrade your default setting to be more aligned with abundance, love, or peace, what would that look like?
4. Write a mantra or affirmation that encapsulates your new default state of being.

Chapter 13

God State

Your default state—harmonized with your desire—goes hand in hand with the God State. In fact, they're essentially facets of the same thing.

The "God State" is essentially a fancy name for the ONESS within you and your Universe.

This is because everything is one. We're simply zooming in on certain pieces and twirling them around so the human mind can grasp them more tangibly. In Universal Law, it's all one.

We are all one.

The God State is the ability to step back and view everything with discernment—the people, places, and events of your daily life, your family, your community, all of humanity. In this frequency, you align with the Universe's presence flowing through your heart valves.

Everything now comes to and through your body, becoming alchemized within you. There's no more "outward" effort to manifest. It's all done inside.

The "easy setup" of the God State involves pulling back and observing without resistance. You see every circumstance, all the various threads of truth that weave through it, and all the potential outcomes—without being triggered. Your own baggage, your judgments, and your personal stories aren't even part of it anymore.

Imagine standing hand-in-hand with Universe as a saber-toothed tiger snarls, fangs bared, seemingly cornering you. You smell its hunger. Yet in this God State, you recognize that fear is not real. It doesn't belong to you. Everything is always working out, unfolding just as it should. You're not truly trapped, and there is no tiger.

What does this look like in everyday life?

Strengthening your God State muscle is a practice. It's a place where many people give up, because you may not see immediate, flashy results at first. But over time, this shift becomes as natural as breathing.

Place your hand on your heart and ask:

"What can I implement to enter my God State more easily? How can I weave this into my daily life?"

Opening and centering your heart valves—where your God essence enters your body—allows more ease here. Because when God takes over, surrender and flow become second nature.

[Here is The God State Meditation again for you: https://youtu.be/d4iw2i9rVfs](https://youtu.be/d4iw2i9rVfs)

Focus: Aligning with divine perspective and unconditional love.

1. When have you felt the presence of the Universe most vividly?

2. What changes when you view your life's challenges through the Universe's eyes—expansive, loving, unafraid?
3. Place a hand on your heart and ask: "What divine truth am I ready to embody now?" Record the response.
4. How can you regularly return to your heart center to maintain the God State in daily life?

Chapter 14

When It Burns Down

Sometimes, it all just falls apart.

No matter how many aligned actions you've taken, how deeply you've surrendered, or how vividly you've envisioned your reality—there are moments when everything seems to go up in flames.

This might look like your business suddenly collapsing, a trusted mentor seemingly betraying you, a financial curveball hitting hard, or a painful fracture in a once-cherished relationship. The systems you've relied upon in the past buckle under pressure, the strategies you counted on fall flat, and your “proven” methods seem to unravel before your eyes. In these moments, you may taste the bitter sting of panic, loss, or disbelief. You might question if you've been leading yourself astray all along.

But here's the truth: when it all burns down, it's not a sign of failure—it's a sign of recalibration. In fact, this fiery destruction is part of the “Bridge of Incidence.”

The Bridge of Incidence: Divine Recalibration

The Bridge of Incidence is a concept that suggests the events leading you from where you are to where you desire to be might not look like a straight, pleasant path. Often, they're marked by unexpected challenges, endings, and upheavals. These incidents appear as if they're destroying what you've built, but in reality, they're dismantling what no longer serves you and guiding you toward what you truly want.

Think of a controlled burn in a forest. The fire feels devastating as it scorches the old growth, reducing tall trees to ash. Yet, after this clearing, the soil is richer, the sunlight more abundant. New sprouts—the very ones you truly want—take root and flourish. The old structure had to go to make space for your authentic expansion.

Your soul, along with the Universe, charted this life before you were born. Every twist, every challenge, every flame is part of that map. The burning down is your Bridge of Incidence, a recalibration to ensure you're aligned not with the desires of your past self, but with the desires of your most authentic, present self.

Facing the Flames with Awareness

When the heat rises, you might instinctively reach for a fire extinguisher, scrambling to patch things up and restore the old order. *Remember, you're not here to rebuild outdated paradigms. You're here to transform.*

These moments call you to stand still in the inferno, to witness the structures falling away, to feel every emotion—anger, sadness, confusion—without labeling them as wrong. They are signals that you're being guided across the bridge to a more aligned reality.

Your subconscious might scream, “Danger!” because it sees the familiar crumbling. Yet, familiarity and safety aren't the same. Familiarity can trap you in cycles that keep you from

receiving what you truly want. By allowing the old to burn, you free yourself from patterns that no longer reflect your evolved desires.

Surrendering to Recalibration

You've practiced surrender in gentler moments. *Now, you surrender to the fire itself.* Let the Universe and your own inner knowing guide you through these incidents. Trust that the blaze is not punishment—it's precision. It's stripping away illusions, forcing you to face what you've outgrown.

As you watch your old reality collapse, you're literally clearing the path for a more authentic one. Remember, you wouldn't be here if you hadn't agreed to these terms before birth. You and the Universe wrote this script together. Nothing is random; everything is orchestrated to bring you closer to the frequency of what you actually want.

Rising from the Ashes

When the smoke clears, you'll notice the spaciousness. Without the debris of old methods, beliefs, or relationships that no longer resonate, you stand on fertile ground. *Here, you can plant new seeds that match who you are now—not who you used to be, nor who you pretended to be.*

You'll see that what you thought you wanted was sometimes just a reflection of past conditioning. The Bridge of Incidence doesn't just move you forward; it clarifies your desires, ensuring that what emerges next is genuinely what your soul longs for.

Embracing the New Horizon

As you navigate these fiery passages, place a hand on your heart and ask:
"Universe, what am I now free to become?
What truth arises now that the old has burned away?
Which desires have sharpened into focus through this recalibration?"

Breathe. Wait. Listen for the answers that emerge from the silence.

This is not the end. This is a critical juncture where your future self is calling you forward, urging you not to rebuild old walls, but to realize you are already standing on the other side—transformed, aligned, and ready to receive.

Welcome to the other side of the Bridge of Incidence. Here, nothing holds you back from what you actually want.

Focus: Embracing the Bridge of Incidence and recalibration.

1. Recall a time in your life when everything seemed to fall apart. What new growth emerged afterward?
2. How can you view current or future disruptions as part of your Bridge of Incidence toward a better reality?
3. What old structures or beliefs might need to burn down now so you can receive what you truly want?
4. Write about what stands on the other side of this burning down—envision the fertile ground left behind.

Chapter 15

Your Desire's Reality

You've walked through the fires. You've watched old structures burn away, surrendered your control, and reclaimed your birthright as a co-creator with the Universe. You've expanded beyond the identities, beliefs, and limitations that once felt so fixed. *Now, here you stand at the threshold of what was once only a whispered dream.*

This is your desire's reality.

Pause for a moment. Take a breath. Place a hand on your heart. Tune in. Notice how much lighter the air feels, and how much simpler life looks from this vantage point. It's not that challenges no longer arise, but now you meet them differently. You recognize obstacles as opportunities and what once appeared as problems now glimmer with potential for expansion.

Now, as you integrate all of this, you step fully into living your desire as reality. There's nothing left to chase—what you sought is not “out there”; it exists right here, in your energetic field, in your perception, in the reflection of the world around you.

This doesn't mean you stop growing. Quite the contrary. As you settle into your new reality, fresh desires will naturally arise. This is the dance of creation: each fulfilled desire inspires a new edge, a new horizon, a new flavor of what your soul wishes to experience. Life becomes a series of expansions, each one building on the last, weaving together a tapestry of infinite possibilities.

You don't need to force this. The cycle continues effortlessly. Your frequency evolves as your consciousness expands, and The Universe responds to your shifting resonance like a faithful echo.

If you find yourself feeling wobbly, uncertain, or tempted to slip back into old habits—don't worry. These moments are natural. You've simply reached a new rung on the ladder, a new threshold to pass through. Take a breath, remember your tools, and tap into your heart center. From here, you can realign, readjust, and re-choose your desired experience once again.

In truth, your desires, your reality, and your being are all facets of the same cosmic jewel. By arriving at this chapter, you've proven to yourself that you can navigate the mysteries, trust your knowing, release what no longer serves, and embrace all that uplifts you.

Know that you never truly close this journey. The Universe within you is endless. Your soul's capacity to dream, to receive, to transform, and to play is infinite.

Welcome to your desire's reality. It's right here, in your hands, in your heart, in your breath—waiting for you to enjoy, to celebrate, and to share with the world.

Focus: Integrating all lessons and stepping fully into your fulfilled desire.

1. Now that you've explored all these concepts, how do you feel about your original desire?
2. What evidence do you see that you're already living aspects of this desired reality?

3. List three practices you'll commit to maintain your frequency at this new level (e.g., meditations, journaling, affirmations).
4. Imagine yourself six months from now, comfortably living in this desired reality. Write a letter of gratitude to yourself for choosing to expand in this way.

Conclusion

Integrating Your Journey

You've traveled a long way from the first pages of this book. In the beginning, your desires may have seemed distant, your inner guidance subtle, and your understanding of The Universe's energetic landscape somewhat abstract. Now, you stand not only with new knowledge but with a lived, felt experience—a deeper embodiment of who you truly are as both creator and receiver.

Let's take a moment to acknowledge what you've integrated:

- **Your Connection to Desire:**
You began by getting clear on what you want and why it matters. Desire stopped being a hazy longing and became a guiding force, an energetic signal calling you forward. You learned that your desires aren't just whimsical wishes but pre-planned markers along your soul's path, co-created with The Universe before you even arrived here.
- **Your Universe Map & Energetic Alignment:**
Through meditations, reflections, and subtle realignments, you realized that there's a divine blueprint—a Universe Map—within you. Guided by psychic insights, intuitive nudges, and your own energetic sensitivities, you've seen how everything you need is available now. Your job has been to tune in, let go of what no longer serves you, and follow those inner coordinates.
- **Surrender, Feminine Allowing, and Masculine Balance:**
You explored what it means to relax your grip on control, welcoming feminine receptivity and pleasure. Rather than “doing” until you drop, you learned to allow The Universe to flow through you. You've practiced the art of letting the Universe penetrate your being, showing you that when you surrender, you don't lose power—you gain fluidity, clarity, and sustainable momentum.
- **The Laws of The Universe & Frequency Mastery:**
Diving into laws like Assumption, Attraction, and Polarity, you discovered that the Universe consistently rearranges itself in response to your vibration. By living in the frequency of your fulfilled desire, you compress time, bridging the gap between longing and having. This realization is no longer a theory; it's an applied principle you've tested and watched unfold.
- **Facing Fears, Burning Down, and Recalibration:**
When old paradigms “burned down,” you understood that nothing was lost—only transformed. You reframed these moments of upheaval as the Bridge of Incidence, guiding you toward what you truly want. Instead of panicking, you learned to lean into these fires, knowing that ashes fertilize new beginnings. In the destruction of the old, you found the clarity and courage to birth the new.
- **Embodiment of the God State & Heart-Centered Living:**
Finally, you moved into the heart valves where your Divine Self, your Universe essence, flows freely. Seeing through the eyes of the Universe, you realized fear

is not real, time is malleable, and you are the portal through which infinite realities come into being. This perspective doesn't just elevate your personal life; it influences how you show up in your business, your relationships, and the world at large.

Now, as you close this chapter, understand that none of this is final. Your journey doesn't end because you've finished reading; in many ways, it's just beginning. The concepts, practices, and frequencies you've explored are tools meant to be revisited time and again. Every new desire that arises—every new level of growth, expansion, and leadership—will call you back to these principles.

Practical Integration for the Road Ahead:

- **Daily Remembrance:**
Begin each day by placing your hand on your heart. Ask, "Who am I choosing to be today?" and "Which frequency am I calling in?" A small act, done consistently, can keep you tuned in to your inner compass.
- **Regular Review:**
As life flows, challenges appear, and opportunities knock, revisit key meditations or exercises from previous chapters. See them as living practices that evolve with you.
- **Community and Connection:**
Consider finding a community—mentors, peers, or groups—who resonate with these teachings. Sharing insights, celebrating wins, and supporting each other's growth magnifies your collective expansion.
- **Trust the Unfolding:**
Even now, you may not see the full picture of what's coming next. That's part of the adventure. Trust that The Universe is continually orchestrating on your behalf. Lean on your psychic senses, your embodied wisdom, and your well-honed ability to recognize Divine guidance.
- **Celebrate Your Wins:**
Don't forget to acknowledge the miracles you've created. Every aligned client who appears, every financial windfall that lands in your lap, every synchronicity that brightens your day—celebrate them. They are evidence of your unfolding mastery.

As you move forward, know that you're not traveling alone. You move hand-in-hand with The Universe—co-creators in an ever-expanding story. You are forever refining your default state of being, continually choosing higher frequencies, and creating anew. All the tools and truths you need live within your heart, accessible at any moment.

Thank yourself for showing up to this journey. Thank the Universe for co-creating with you. And remember: what you once called dreams have become your reality, and what you now call reality is but a stepping stone to infinite new worlds awaiting your invitation.

This is your ongoing masterpiece—keep painting, keep dancing, keep dreaming.

Welcome to the rest of your story.

Continue Your Journey

Thank you for joining me on this transformative journey through "Entering The Empress Portal." If you're ready to delve deeper and manifest your highest potential, I invite you to explore further opportunities to work together:

The Universe Business Collective

For seasoned business owners ready to align with their next level of success, this month-to-month program offers practical and energetic guidance. Perfect for those making at least \$50K annually and in business for 3+ years.

The Quantum Psychic Entrepreneur

Designed for established psychic entrepreneurs ready to uplevel to 6-figure years. This 3-month program focuses on energetic mastery, premium offers, and aligned business scaling.

The Rising Psychic Business Owner

A 6-week foundation program for new psychic business owners. Build confidence, create aligned services, and attract your first clients with ease.

1:1 VIP Sessions

*Most popular among the multiple 6 and 7-figure business owners.

Need a quantum leap? My 90-minute Quantum Insight private sessions provide tailored guidance to uncover your next big move, complete with Universe-driven insights and actionable steps.

The Empress Portal

This high-touch, 1:1 transformative experience is designed for six-figure spiritually driven women entrepreneurs ready to unlock their divine power and elevate their businesses.

This program helps you align with your soul's purpose, attract perfect-fit clients, and manifest wealth with ease. It's a sacred container for deep inner work, radical self-trust, and stepping into your most abundant self.

No cookie-cutter solutions here. My work is all about channeling your unique "Universe Map" to help you embody your most abundant, aligned self. If you're ready to step into your true power, let's connect.

To learn more about these offerings and find the perfect fit for your journey, visit AmandaKunkel.com or contact me directly at Amanda@amandakunkel.com

Remember, the Empress within you is ever-present, ready to create and receive abundance. Let's continue this journey together and manifest the life you envision.

With love and empowerment,

A handwritten signature in gold ink, appearing to read 'Andie', written in a cursive, flowing style.

Glossary

Abundance:

A state of energetic openness in which resources, opportunities, and blessings naturally flow into your life. Abundance reflects the frequency at which you resonate with limitless potential, rather than lack.

Allowing and Receiving:

The practice of leaning back, softening control, and welcoming in what The Universe has ready for you. By shifting from constant “doing” into relaxed presence, you open the door for resources, clients, money, and guidance to flow effortlessly into your reality.

Birth Settings:

Your inherent state of wholeness and perfection at the time of your birth. Returning to your “birth settings” involves shedding limiting beliefs and social conditioning, aligning you once more with your original, untainted energetic blueprint.

Bridge of Incidence:

A series of events—often challenging or disruptive—that guide you from your current state into the reality you truly desire. Though these incidents may feel like upheavals or burn-downs, they actually serve as recalibration points, aligning you more closely with what you really want.

Default State of Being:

Your baseline energetic condition—how you naturally feel, think, and react when you’re not consciously trying to shift anything. Up-leveling your default state means regularly fine-tuning your mindset, emotions, and beliefs so that they reflect abundance, peace, and confidence as your “new normal.”

Desire:

A compass pointing you toward your soul’s next level of expansion. Your desires aren’t random whims; they’re calling you to embody a higher frequency, new experiences, and greater expressions of who you truly are.

Feminine Allowing:

A mode of being where you soften the constant push of masculine “doing” energy and surrender to receiving. Feminine allowing encompasses trust, relaxation, flow, and open-heartedness, enabling you to be supported and guided effortlessly.

Frequency:

The energetic vibration or resonance you carry at any given moment. Your frequency determines what you attract and experience. By consciously tuning your frequency to match your desired outcome, you accelerate the manifestation of that reality.

God State:

A heightened state of consciousness in which you align deeply with the divine essence flowing through your heart valves. In the God State, fear dissolves, time and space become fluid, and you perceive events through unconditional love and clarity.

Heart Valves:

A metaphor for the energetic gateways in your heart center through which divine essence, love, and guidance flow. Keeping these “valves” open and clear allows you to maintain alignment with The Universe and your God Self.

Law of Assumption:

A universal principle teaching that you manifest what you assume to be true. By “living in the end” and feeling as though your desire is already fulfilled, you shift your frequency, collapsing time and bringing that outcome into your physical reality faster.

Law of Attraction:

A well-known universal law stating that like attracts like. Your dominant thoughts and emotions send out signals that The Universe matches, bringing you circumstances and opportunities that reflect your energetic signature.

Law of Cause and Effect:

A principle similar to karma. Every action, thought, or vibration you emit sets in motion a corresponding effect. Understanding this helps you take responsibility for your creations and refine what you send out into the world.

Law of Polarity:

A universal law that reminds us every experience has an opposite possibility. Lack coexists with abundance, fear with love. By shifting your perspective and frequency, you can access the positive opposite of whatever you currently see.

Masculine Energy:

A mode characterized by action, direction, and penetration—taking steps, planning, and “doing.” While vital for creation, being stuck solely in masculine energy can lead to burnout and block you from receiving. Balance with feminine allowing is key.

Penetration (by The Universe/God):

A concept describing the divine flow of guidance, ideas, and opportunities entering your being. Allowing The Universe or God to “penetrate” your consciousness means fully surrendering to the wisdom and energy trying to reach you, rather than resisting or trying to control it.

Portal:

You are the portal—a bridge between the non-physical (5D) realm of infinite potential and the physical (3D) realm. By adjusting your frequency and state of being, you facilitate the passage of desires from energy into tangible form.

Psychic Senses:

Your innate ability to perceive energy, subtle signals, and divine guidance beyond the five physical senses. Psychic senses include intuition, clairvoyance, clairaudience, clairsentience, and more, all helping you navigate your Universe Map and align with your desires.

Surrender:

Letting go of controlling outcomes and trusting The Universe’s guidance. Surrendering does not mean giving up; it means embracing a higher wisdom, allowing possibilities to unfold in divine timing, and releasing resistance that blocks your flow.

Universe (The):

The infinite, intelligent energetic field that co-creates your reality with you. It's not separate from you; you are The Universe in human form. By tuning into it, you access guidance, resources, and possibilities beyond what the mind alone can conceive.

Universe Map:

The unique energetic blueprint you and The Universe co-created before birth. This “map” details the desires, lessons, and milestones you set out to experience in this lifetime. Accessing it involves leaning into intuition, meditation, and energetic practices to reveal aligned action steps and states of being.

Universe Song:

A vibrational or energetic activation (often described as light language or healing tones) that re-tunes your energy field. Universe Song bypasses the logical mind, activating codes within your field, clearing blocks, and installing upgrades so you can embody your future self right now.

Womb Space:

A creative center (physical or energetic) within you—often associated with women but accessible energetically to all. Considered a chalice or “open oven” of creation, the womb space receives divine frequencies, nurturing desires until they manifest in physical form.

Yoni Wheel:

An energetic practice involving your “Yoni” or womb space, cycling the energy of your desires through your body and back again. This closed-loop circulation of frequency helps you literally embody your preferred reality, amplifying the magnetism of what you wish to create.

About the Author: Amanda Kunkel

Amanda Kunkel is a lifetime psychic who provides direct access to The Universe (That ultimate source of love. You may know it by Angels, Spirits, God, or Goddess). For two decades, Amanda has worked professionally to assist radical, self-thinking businesswomen in accelerating their success by stepping into their Elite Empress self.

Her work focuses on guiding high-achieving women toward a dimensional energy shift from *doing* to *BEING*, where true wealth and leadership emerge effortlessly.

With her extraordinary connection to the Universe, Amanda conveys each woman's unique **Universe Map**—a divinely designed blueprint created with the Universe before their birth. This map reveals the path to embodying 7-figure wealth and beyond. Amanda's clients experience profound paradigm shifts that already exist within them, unlocking their ability to create millions while breaking free from outdated norms and limiting beliefs.

Since childhood, Amanda's natural abilities to see and communicate with Angels and Spirits have been as intrinsic as breathing. Her journey deepened as a teenager when prophetic dreams led her to formal training, honing her empathic gifts to profoundly impact others. Today, she empowers women to unleash their Empress Self—an inherent power waiting to unfold in every woman.

Amanda offers game-changing opportunities for women to step into deep, transformative leadership and aligned success. She walks alongside her clients as they:

- Shift into new dimensional BEING.
- Break free from limiting paradigms to access true wealth and leadership.
- Embrace their divine uniqueness, shedding societal expectations to create millions.

Amanda is here to help you expand your reach, release the old, and step into the true heart of your business.

Your Empress Self is ready to rise—Amanda will show you the way.

AmandaKunkel.com